

## GARDEN FRESH SALADS

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### AVOCADO CAESAR (GF) \$14

POWER BLEND LETTUCE, AVOCADO,  
SHAVED PECORINO, TOMATO,  
CHOPPED BACON, CAESAR DRESSING

### ROCHESTER "COBB"(GF) \$14

POWER BLEND LETTUCE, TOMATO,  
AVOCADO, HARD-BOILED EGGS, MAPLE  
BACON, GORGONZOLA DULCE,  
CARROTS, HERB RANCH

### MANGO MANDARIN(GF, DF, V) \$13

POWER BLEND, AVOCADO, MANGO,  
ROASTED BELL PEPPERS, MANDARIN  
ORANGES, EDAMAME, TOASTED SESAME-  
GINGER VINAIGRETTE

### GOLDEN PEAR & PROSCUITTO (GF) \$14

POWER BLEND, RED ONION,  
GORGONZOLA DULCE, PROSCUITTO DI  
PARMA, GOLDEN PEAR, TOASTED  
ALMOND, CHAMPAGNE-POPPYSEED  
VINAIGRETTE

### BUFFALO CHICKEN SALAD (GF) \$13

POWER BLEND, GORGONZOLA, CELERY,  
RED ONION, TOMATOES, HERB RANCH

### SOUTHWEST CHICKEN BOWL (DF) \$14

5 GRAIN BLEND, TOASTED CORN PICO DE  
GALLO, BLACK BEANS, BLACKENED CHICKEN,  
CILANTRO LIME DRESSING

### RELISH POWER BOWL (DF, V) \$13

5 GRAIN BLEND, BLACK BEANS,  
CUCUMBER, SPINACH, TOMATO, AVOCADO,  
CITRUS VINAIGRETTE

### RELISH HOUSE SALAD (DF,V) \$6

POWER BLEND, CHERRY TOMATOES,  
CUCUMBERS, CHOICE OF DRESSING

## SCRATCH MADE SOUP

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### CHICKEN WILD RICE (GF) \$5 / 8

DICED CHICKEN, WILD RICE, CELERY,  
CARROT, ONION, CORN, BACON

### ROASTED TOMATO & BASIL (GF, V)\$5 / 8

### CHEF'S WEEKLY SPECIAL \$5 / 8

## FRESH WRAPS

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### BUFFALO CHICKEN \$12

GRILLED CHICKEN, BUFFALO SAUCE,  
CELERY, LETTUCE, TOMATO

### SW CHICKEN WRAP (DF) \$13

GRILLED CHICKEN, BLACK BEAN,  
GUACAMOLE, CORN SALSA, LETTUCE,  
TOMATO, CILANTRO LIME VINAIGRETTE

### CHICKEN CAESAR WRAP \$12

GRILLED, MARINATED CHICKEN,  
LETTUCE, TOMATO, PARMESAN  
CHEESE, CAESAR DRESSING

## COMPOSED DISHES

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### SWEET POTATO COCONUT

### CURRY (V, GF, DF) \$14

wild mushrooms, roasted tomatoes,  
spinach, sweet potatoes, basmati rice  
and fresh cilantro

### SESAME CHICKEN STIR FRY (DF) \$14

mushrooms, broccoli, red pepper, onion,  
5-grain blend, sesame-ginger glaze

### LOBSTER MAC & CHEESE \$17

lemon zest mornay sauce I, lobster  
meat, herbed breadcrumb, macaroni

# CAFE RELISH

## SPECIALTY SANDWICHES

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### **TURKEY BACON AVOCADO \$14**

HERB ROASTED TURKEY, BACON, AVOCADO, LETTUCE, TOMATO, MAPLE BACON, GARLIC SAGE MAYO

### **"THE CHARLIE" \$13**

HERB ROASTED TURKEY, LETTUCE, TOMATO, ONION, SHARP CHEDDAR, PULLED SPROUTS, CRANBERRY MUSTARD MAYO

### **QUEEN CITY (V) \$13**

GRILLED ARTICHOKES, HOUSE PICKLES, PULLED SPROUTS, TOMATO, RED ONION, GREENS, AGAVE-MUSTARD

### **CUBAN \$14**

ROASTED PORK, HAM, MELTED SWISS, SPICY PICKLES, CITRUS MOJO MAYO

### **LOBSTER ROLL \$17**

NORTH EASTERN ATLANTIC LOBSTER, HERB MAYO, CELERY, BUTTER TOASTED ROLL (LIMITED SUPPLY MADE DAILY)

### **MAPLE CHIPOTLE CHICKEN \$14**

MARINATED CHICKEN, SWISS, CHEDDAR, TOMATO, BIBB LETTUCE, ONION, MAPLE-CHIPOTLE MAYO

## CLASSIC SANDWICHES

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### **PASTRAMI RUEBEN \$13**

PASTRAMI, SAUERKRAUT, 1000 ISLAND DRESSING, SWISS CHEESE. RYE BREAD

### **TUNA MELT \$13**

TUNA SALAD, SWISS, CHEDDAR, TOMATO, LETTUCE, CELERY, MULTI GRAIN BREAD

### **THE CLUB BURGER \$13**

SEASONED 6 OZ PATTY, CHEDDAR CHEESE, BIBB LETTUCE, TOMATO, ONION, BRIOCHE BUN

### **RELISH BLT \$11**

CRISPY BACON, BIBB LETTUCE, TOMATO, HERB MAYO, MULTIGRAIN BREAD

### **PASTRAMI & SWISS \$10**

PASTRAMI, SWISS CHEESE, COLESLAW, MAYO, RYE BREAD

### **TURKEY CLUB \$11**

HERB ROASTED TURKEY, BACON, LETTUCE, MAYO, MULTIGRAIN BREAD

### **HAM & SWISS \$10**

SLICED HAM, TOMATO, LETTUCE, HERB MAYO, MUSTARD, MULTIGRAIN BREAD

### **TURKEY RACHEL \$13**

HERB ROASTED TURKEY, COLESLAW, SAUERKRAUT, SWISS CHEESE, 1000 ISLAND, RYE BREAD